



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

Stave House 20 Week Violin Teaching Notes

DETAILED INSTRUCTION SHEETS FOR TEACHERS & STUDENTS COVERING THE FIRST YEAR OF VIOLIN TEACHING USING STAVE HOUSE

CONTENTS

Contents	Page 1
Week 1 – Finding E	Page 2
Week 2 – Finding A	Page 3
Week 3 – Finding E & A	Page 4
Week 4 – Bow hold	Page 5
Week 5 – See Saw	Page 6
Week 6 – Stepping Stones I, II & III	Page 7
Week 7 - Stepping Stones I, II & III	Page 8
Week 8 - Stepping Stones III & IV	Page 9
Week 9 - Stepping Stones V	Page 10
Week 10 - Stepping Stones V	Page 11
Week 11 - Stepping Stones VI & VII	Page 12
Week 12 - Stepping Stones VIII & IX	Page 13
Week 13 - Stepping Stones X	Page 14
Week 14 - Stepping Stones XI Party	Page 15
Week 15 - Stepping Stones XII Party	Page 16
Weeks 16 – 20 Prep for SH Exam	Page 17
Week 17 - Stepping Stones Apple Tree	Page 18
Week 18 - Stepping Stones Copy Cat	Page 19
Week 19 – Cowboys and Indians	Page 21
Homework Sheet	Page 22

By Prof. Ruth Travers.



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE - week 1

Our focus is to learn the 'Here is a House' song and find and play the note E on your instrument.

Tune for the week : Look at me playing E (Play EEE, EEE).

Exercise and practice	
Sing 'Look at me playing E' then pluck (violin) or strum (guitar) EEE, EEE.	Put a tick in the box on your chart every time you complete a task
Using your board and magnets, find the note E, Elaine's note and put it in the correct room of Stave House.	
With the help of an adult, please look at Step 1 video on Youtube. Here is the link: http://www.youtube.com/watch?v=qgAqPLLfKKQ	
Place F,A,C,E on the board as you sing along to the song.	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE - week 2

Our focus this week is to find and play the note A on your instrument.

A is the second string on your violin, count 1,2. Find the A and pluck the string.

Put Amos the Ant on your board, in room number 2. Count from the bottom, 1,2.

Tune for the week : I can play on the A (Play AAA, AAA).

Exercise and practise	
Sing 'I can play on the A' then pluck AAA, AAA.	Put a tick in the box on your chart every time you complete a task
Using your board and magnets, find the note A, Amos's note and put it in the correct room of Stave House.	
With the help of an adult, please look at the Spaces Game video on Youtube. Here is the link: http://www.youtube.com/watch?v=HbqxlxoM81Q Get your board and magnets out, you will need Ferdie the Fox, Amos the Ant, Celia the centipede and Elaine the Elephant ready to play along.	
Place F,A,C,E on the board as you sing along to the song.	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 3

Our focus this week is to find and play the notes E and A on your instrument.

E is the first string on your violin, count the first string. Pluck the E

A is the second string on your violin, count 1,2. Find the A and pluck the string.

Put Elaine the Elephant on your board, in room number 4.

Put Amos the Ant on your board, in room number 2.

Tune(s) for the week : Look at me playing E and I can play on the A.

Exercise and practise	
Sing 'Look at me playing E, then pluck EEE EEE then sing 'I can play on the A' then pluck AAA, AAA.	Put a tick in the box on your chart every time you complete a task
Using your board and magnets, find the notes E and A, Elaine's and Amos's notes and put them in the correct rooms of Stave House. Make the tune E, A. Then make the tune A E, play your tunes on the violin.	
With the help of an adult, please look at the Stave House Youtube video Treble Clef Spaces: http://www.youtube.com/watch?v=6CjK26zhtnE Get your board and magnets out, you will need Ferdie the Fox, Amos the Ant, Celia the centipede and Elaine the Elephant ready to play along.	
Long bows - also practise your long bowing. Start at the base of the bow and bring the bow down to your shoes. Try and keep the bow straight.	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 4

Our focus this week is to practise our bow hold.

Remember: Thumb underneath and fingers on the top.

Tune(s) for the week : Look at me playing E and I can play on the A.

First Performance and Two by Two.

Exercise and practise	
Sing 'Look at me playing E, then pluck EEE EEE then sing 'I can play on the A' then pluck AAA, AAA.	Put a tick in the box on your chart every time you complete a task
Bow hold exercises, check your bow hold, are you holding the bow gently without gripping? Hold the bow pointing to the ceiling and move the bow up and down as you say 'Creepy Crawly Caterpillars'.	
With the help of an adult, please look at the Stave House Youtube video: Whose Name Song : http://www.youtube.com/watch?v=Xofh3XQdYNw Get your board and magnets out, you will need Ferdie the Fox, Amos the Ant, Celia the centipede and Elaine the Elephant ready to play along.	
Read through your sheet music first, then play First Performance and Two by Two.	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 5

Our focus this week is to learn the note G. Find your Guppy Fish character and place him low down as far as he can go on the board, now find your G string (4th) and pluck G. Now place E,A,D & G on the board and make a tune with the 4 notes to play on your violin.

Tune(s) for the week : First Performance, Two by Two and Snakes and Ladders in Stepping Stones.

Exercise and practise	
<p>Sing 'I'm on a see-saw today' then play the E then the A, then the E then the A string.</p> <p>Put E, as your first note on your board, then A as your second note on your board.</p>	<p>Put a tick in the box on your chart every time you complete a task</p>
<p>Bow hold exercises, check your bow hold, are you holding the bow gently without gripping? Are your fingers sitting nicely on the top? Hold the bow pointing to the left and push the bow towards your nose, and say 'Into the nose and out' and then gently push the bow out. Repeat.</p>	
<p>With the help of an adult, please look at the Stave House Youtube video: Here is a House song:</p> <p>http://www.youtube.com/watch?v=qgAqPLLfKKQ</p> <p>Get your board and magnets out, you will need Ferdie the Fox, Amos the Ant, Celia the centipede and Elaine the Elephant ready to play along.</p>	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 6

Our focus this week is to keep a steady beat whilst playing our tunes. Practise saying the name of your notes, they are all Father Crochets, Walk,Walk,Walk, Walk. Clap the pattern carefully. Make sure you don't speed up!

Tune(s) for the week : Two by Two and Snakes and Ladders in Stepping Stones.

Exercise and practise	
Bowing exercises. Creepy Crawly Caterpillars on the E string, then I like Fish and Chips on the E string.	Put a tick in the box on your chart every time you complete a task
Put Father Crochet on your board. Make him visit Elaine's room, Make him visit Amos' room, Now make him visit Dunstan's room, now make him visit Guppy's note under the sea.	
With the help of an adult, please look at the Stave House Youtube video of I can play in time http://www.youtube.com/watch?v=sUQNgwjznOY Clap along as you sing the song to get the steady beat.	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 7

Our focus this week is to work on Snakes and Ladders Piece 3. Place guppy G, D, A and E on your boards and copy the Snakes and Ladders tune 1 bar at a time.

Tune(s) for the week : Snakes and Ladders in Stepping Stones.

Exercise and practise	
Bowing exercises. Practise 'Into the nose and out' and with your bow in the air. Say 'Tigers and Elephants' and move your bow up and down to the beat.	Put a tick in the box on your chart every time you complete a task
Listen to the link to the Rhythm Family Song and sing along. Get your rhythm family characters ready to place on the board as you join in the song	
With the help of an adult, please look at the Stave House Youtube video of The Rhythm Family Song http://www.youtube.com/watch?v=03szcbcAnog	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 8

Practise clapping the rhythm pattern for piece No 4. Notice the rests in Bars 6 and 10. Say 'Sshh' when you get to the rest, so that you know not to play when you see it.

Then read the notes, putting your finger on the notes as you read along, then play the first line and then try the second line. If you are confident, play both lines together.

Tune(s) for the week :Stepping Stones Piece No 4.

Exercise and practise	
Warm up exercises. Practise plucking Walk, Walk, Walk, Shh(rest) on the E, then A then D and G strings. Then bow this pattern on each string.	Put a tick in the box on your chart every time you complete a task
Bowing exercises – practise long bows with a count of 4 on the E string, then the A string. Say 'Wait for 2,3,4' as you pull down on the bow, using ALL the bow.	
<i>Get your board out with Ferdie, Amos, Celia and Elaine ready to play the game on the link below.</i>	
With the help of an adult, please look at the Stave House Youtube video of Here is a House http://www.youtube.com/watch?v=6CjK26zhtnE	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 9

This weeks' aim is to try and play piece No 5 Waltz - as with each piece, read the notes first and say them out loud, clap the rhythm pattern, then play one line at a time, slowly, then play all the way through. Notice that this piece has 3 beats in every bar.

Tune(s) for the week :Pluck Waltz & first 2 bars of Lighthouse (with bow).

Exercise and practise	
Warm up exercises. Look at me playing E, I can play on the A, I'm on a See-saw today. Bowing exercises: Creepy Crawly Caterpillars on the E string.	Put a tick in the box on your chart every time you complete a task
Get your board out with Ferdie, Amos, Celia and Elaine ready to play the 'Who's missing' game on the link below.	
Notice Waltz has the word 'Pizz' at the top - this means pizzicato - to pluck. Lighthouse has the word 'arco' above it - this means use the bow. Learn these words.	
With the help of an adult, please look at the Stave House Youtube video of 'Who's missing' Game & sing 'Here is a House' song. http://www.youtube.com/watch?v=HbqxlxoM81Q	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 10

This weeks' aim is to practise piece number 5. So start by placing your finger under each note and reading the tune out loud. Notice that this tune has a $\frac{3}{4}$ beat. This means there are 3 crochets in each bar of music. In bars 4 and 8 it has 1 crochet and 2 rests. So clap Walk, then say Shh, Shh for this. Practise the first line, then move onto the 2nd line once you are playing it correctly.

Tune(s) for the week : Waltz, Piece No. 5 & Lighthouse

Exercise and practise	
Warm up exercises. Play pieces 1 & 2 in your books as a warm up. Bowing exercises: I like Fish and Chips on the E string. Tigers and Elephants on the A string.	Put a tick in the box on your chart every time you complete a task
Waltz only uses 3 different notes - which notes are they? Find these notes and place them on your board and make a 3 note tune to play on your violin. Now play the first 4 bars of Lighthouse with the bow.	
With the help of an adult, please look at the Stave House Youtube video of Making a tune and intro B http://www.youtube.com/watch?v=RrqPBPelttA	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 11

This weeks' aim is to practise piece number 7. Remember 'Arco' means use the bow. Using long bows, make sure you count 'wa-it' for each minim. Pull the bow down to the floor then, push it all the way up, making sure you use all the bow. Keep a steady beat.

Tune(s) for the week : Waltz & Lighthouse

Exercise and practise	
Warm up exercises. Using your bow, play on the D, Creepy Crawly Caterpillars, and Very Cheeky Monkeys.	Put a tick in the box on your chart every time you complete a task
Now sight read number 9 Ice Cream Van. Clap the rhythm pattern, Walk, Walk, Wait etc. Then say the notes D,D,A E, E, A....	
No video this week, but please use your board to make the following tune E,A, D then D, E, A, then A, D, E. Then using your rhythm family replace each character with a rhythm note and clap and say your patterns.	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 12

This weeks' aim is to practise piece number 9, Ice-cream Van. Clap the pattern first, then pluck the notes then use the bow. Remember to use shorter bows for the crochets and longer, slower bows for the minims. If you find this easy, please play No 10 hiding in the long grass.

Tune(s) for the week : Ice-cream Van (9)

Exercise and practise	
Warm up exercises. Practise bowing 4 walks, then 2 waits, then 2 walks and 1 wait. Pluck the notes first	Put a tick in the box on your chart every time you complete a task
Now sight read number 10 Hiding in the Long Grass. Clap the rhythm pattern, Walk, Walk, Walk, Walk, Wait, Wait etc. Then say the notes D,D,D,D, A,A,.... Notice the minim rest in the 4 th and 8 th bars this looks like a small rectangle in room number 3 and means you need to 'Shh' for a count of 2.	
Please practise your characters with the mix up game, with the help of an adult, please take a look at the attached video: http://www.youtube.com/watch?v=oieOp804_ZI	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 13

This weeks' aim is to practise piece number 13, At a Snails Pace. Notice that this tune only uses Semibreves and minims. Semibreves we count 'Wait for 2,3,4' and for minims we count 'wa-it'. Clap the pattern first then say the notes. Pluck the tune first then use the bow. Remember to move the bow from root to tip, using ALL the bow.

Tune(s) for the week : At a Snails Pace (13)

Exercise and practise	
Warm up exercises. Practise bowing semibreves. On the E say 'Wait for 2,3,4'. Do the same on all the 4 strings, make sure your bow stays straight and you are pulling it down to your shoes.	Put a tick in the box on your chart every time you complete a task
Now sight read No 14 Kangaroo, this says 'pizz' so you only need to pluck this tune. Practise saying the notes first then pluck them.	
Please look at this video link that explains Mother minim, Uncle Semibreve and Mother Minim and her Dog: Make some patterns using your rhythm family. http://www.youtube.com/watch?v=o26OWL3oQ2A	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 14

This weeks' aim is to practise piece number 15, Party Piece. Notice that this tune starts pizzicato (plucking) and on lines 2 and 3 changes to Arco (bow), then changes back to pizzicato. Just practise the first line and the 4th line this week. We need to pluck 2 notes at the same time, E and A. So put your plucking finger on the A string and brush it across to pluck the E, so that you are playing them together at the same time. Then D and D, then G and D.

Tune(s) for the week : Party Piece(15)

Exercise and practise	
Warm up exercises. Practise bowing Jog-ging, Jog-ging, Walk Walk on the E and A string, then practise bowing 'Elaine likes Eggs' on the D and G strings.	Put a tick in the box on your chart every time you complete a task
Now sight Party Piece all the way through, clapping the rhythm and saying the names of the notes.	
Please look at this video link with an adult, this reminds us which rooms the characters live in - so get your boards and magnets out ready to sing along! http://www.youtube.com/watch?v=6CjK26zhtnE	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 15

This weeks' aim is to practise piece number 15, Party Piece. This week we will focus on lines 2 and 3, with the bow. Clap the rhythm and say the notes first. Then play just the 2nd line, then play the 3rd line, now try both lines together.

Tune(s) for the week : Party Piece(15)

Exercise and practise	
Warm up exercises. Play Very Cheeky Monkeys on the E string. Then I like Fish and Chips on the A string.	Put a tick in the box on your chart every time you complete a task
Play Ice Cream Van and At A Snail's Pace for fun! Remember nice long bows!	
Please look at this video link with an adult. The Rhythm family song. http://www.youtube.com/watch?v=03szcbcAnog	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 16 - 20 Preparation for Level 1 Stave House exam

Over the next few weeks we will prepare for the Level 1 Stave House exam on violin. We will get Party Piece up to performance standard and work on our boards to prepare for all the questions. This is ALL your homework for the next 5 weeks.

Tune(s) for the week : Party Piece(15)

Exercise and practise	
Warm up exercises. Warm up each week by bowing Creepy Crawly Cater Pillars & Very Cheeky Monkey's on each string.	Put a tick in the box on your chart every time you complete a task
<p>Wk 1 -Pluck Party Piece first and focus on the first line only - getting the plucking across both strings really strong.</p> <p>Wk2 - Practise the 2nd line with the bow</p> <p>Wk3 - Practise 1st and 2nd line</p> <p>Wk4 - Practise all the way through</p> <p>Wk 5 - Practise all the way through</p>	
<p>Boardwork -</p> <p>Wk 1 -place all the characters that live in the ROOMS of Stave House, now place, D, Low C and B.</p> <p>Wk 2 -Now make a 3 note tune on your board that you can play on your violin - helpful hint - - use the notes D(Dunstan) A (Amos) and E (Elaine). Remember to place the notes carefully and with spaces.</p> <p>Wk 3 - Get your rhythm family out and find a crochet, minim, semibreve and quavers. Make a pattern on your</p>	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

<p>board and clap it.</p> <p>Wk 4 - Find a minim in your Stepping Stones book, what note is it making? Now find and Crochet, semibreve in your book.</p> <p>Wk 5 - On your board, show a crochet making an A, a minim making a B and a Semibreve making a low C. Choose different characters to make more notes if you like.</p>	
--	--

PRACTISE- week 17

<p>Our focus this week is to find the note B on the violin.</p> <p>Place 1 finger on the A string to make the note B.</p> <p>Practise 'finger on, finger off' on the A string & pluck BBB,AAA,BBB, AAA..</p> <p>Make sure your hand slides all the way down to the scroll of the violin.</p>
--

Tune(s) for the week : Apple Tree and Party Piece

<p>Exercise and practise</p>	
<p>Read the notes of Apple Tree and Clap the pattern, Walk, Walk Wait etc. Then pluck the tune all the way through. Now make the bowing pattern in the air using your bow.</p>	<p>Put a tick in the box on your chart every time you complete a task</p>
<p>Using your board and magnets, practise B's story. Find B and your notebuilder. Put B on the middle rung and Notebuilder on B for Bang (3rd rung). Next make</p>	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

a tune using E,D,B and A and play on your violin	
<p>With the help of an adult, please look at the Stave House Youtube video of Bee's story:</p> <p>http://www.youtube.com/watch?v=RrqPBPeIttA</p> <p>Get your board ready with F,A,C,E and B and D</p>	

PRACTISE- week 18

<p>Our focus this week is to find the note low E on the violin.</p> <p>Place 1 finger on the D string to make the note low E for Easy.</p> <p>Practise 'finger on, finger off' on the D string & pluck DDD, EEE, DDD, EEE..</p> <p>Make sure your hand slides all the way down to the scroll of the violin.</p>

Tune(s) for the week : Apple Tree and Copy Cat (Fiddle Time Joggers Sheet)

Exercise and practise	
<p>Play Apple Tree all the way through and use the bow. Make sure you use all the bow for the minims.</p> <p>Just pluck the top line of Copy Cat (ignore the 2nd line).</p> <p>Then play with the bow.</p>	Put a tick in the box on your chart every time you complete a task
Using your board and magnets, practise making a tune with the notebuilder for low E (Easy) using D, E, A and B and then play on your violin.	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

With the help of an adult, please look at the Stave House Youtube video of Notebuilder story game:

<http://www.youtube.com/watch?v=ub67dgc-yco>

Get your board ready with the notebuilder.



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

PRACTISE- week 19

Our focus this week is to find the learn some new tunes using low E & B on the violin.

Place 1 finger on the D string to make the note low E for Easy.

Place 1 finger on the A string to make the note B on the A string.

Tune(s) for the week : Cowboys and Indians and Rhythm Fever
(Fiddle Time Joggers Sheet)

Exercise and practise	
Warm up by practising AAA,BBB (Finger off, finger on the A string) then DDD, EEE, DDD,EEE Finger off and Finger on the D string.	Put a tick in the box on your chart every time you complete a task
<p>Now pluck Cowboys and Indians all the way through, then try it with the bow.</p> <p>Rhythm Fever - make sure you count the rests. Pluck this all the way through, then play with the bow.</p>	
<p>With the help of an adult, please look at the Stave House Youtube video of Composition using all the notes learnt so far:</p> <p>http://www.youtube.com/watch?v=AaBAn1k4sS0</p> <p>Get your board ready with the notebuilder & all the other characters that live in the rooms of Stave House.</p>	



STAVE HOUSE – The best way of learning to read music – IN THE WORLD

HOME WORK SHEET – PRINT IT OFF – TICK OFF YOUR PRACTISE SEE HOW MANY PRACTISE TICKS YOU CAN COLLECT.

This week's practise concentrates on: Hiding in the Long Grass

YOUR TUNE(s) FOR THE WEEK IS: Also play Ice-Cream Van, with bows now.

Here are your tasks –remember to tick them off

1 Pluck Hiding in the Long Grass all the way through, Make sure you count Wa-it for the minims. Read aloud the notes and then clap the rhythm. Walk, Walk, Wa-it etc. With just your bows out, hold the bow in an upright position and practise the following bow exercises 'Walk, Walk, Walk, Walk, Wait, Wait. Make sure the 'Waits' are long steady bows. Now try the first line with your bows.

2 Practise Ice-cream Van – introduce the bow now, play 2 bars at a time, then the first line all the way through, then the second line, then play altogether. You must remember to keep a good bow hold. Thumb underneath fingers on the top.

3 Board Work – Make 3 note tunes with D, A and E . Then using your minim, crochet and semibreve, make the following; Minim making an E, Crochet making a D, Semibreve making an A. Now clear the magnets from the board and make the following: Semibreve making an E, Minim making a D and crochet making an A.

4 Watch this video to revise how to make a 3 note tune

VIDEO LINK

<http://www.youtube.com/watch?v=RrqPBPeIttA>